

NOTICE OF RECOMMENDATION
FOR BREAST LIFT PROCEDURE



You, the patient and your accompanying adult or translator, have been clearly and appropriately informed of our recommendation for a breast lift procedure in order to properly restore breast and areolar position due to a low breast and nipple position. You understand and appreciate that breast implant surgery is **NOT** a replacement or alternative to breast lift surgery and that it will not provide significant breast lift or nipple elevation.

Breast implants are used to fill an area of deficiency and are not used to lift the breast. Breast lift surgery does come with associated incisions and scarring. Breast lift surgery is associated with a prolonged recovery with increased risks of skin breakdown, areolar death, and increased loss of sensation as well as other potential and rare complications.

You have elected to choose breast implants at this time in order to fill the breast that appears empty. This does not in any way, shape or form, alter our recommendation for breast lift at this time or in the future.

We understand your reluctance for a breast lift at this time and we have clearly discussed the risks, benefits, and alternatives that you have. You are electing for breast implants at this time with the understanding that this will only delay the need for breast lift surgery in the future and its associated fees and risks. We have not implied any reassurance as to longevity or time before your choice to proceed with the recommended breast lift procedure.

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Patient Signature and Date